

THE WORD

ENTRANCE ANTIPHON

Look to your covenant, O Lord, and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause, and forget not the cries of those who seek you.

GLORIA

Glory to God in the highest, and on earth peace to people of good will.

We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father.

Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

COLLECT

Almighty ever-living God, whom, taught by the Holy Spirit, we dare to call our Father, bring, we pray, to perfection in our hearts the spirit of adoption as your sons and daughters, that we may merit to enter into the inheritance which you have promised. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.

FIRST READING 1 Kings 19:9.11-13

A reading from the first book of the Kings. When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, "Go out and stand on the mountain before the Lord." Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

The word of the Lord. Thanks be to God.

PSALM Psalm 84:9-14

Response: Let us see, O Lord, your mercy and give us your saving help.

- I will hear what the Lord God has to say, a voice that speaks of peace. His help is near for those who fear him and his glory will dwell in our land. (R.)
- Mercy and faithfulness have met; justice and peace have embraced. Faithfulness shall spring from the earth and justice look down from heaven. (R.)
- The Lord will make us prosper and our earth shall yield its fruit. Justice shall march before him and peace shall follow his steps. (R.)

SECOND READING Romans 9:1-5

A reading from the letter of St Paul to the Romans.

What I want to say is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Alleluia. alleluia!
Blessings on the King who comes, in the name of the Lord!
Peace in heaven and glory in the highest heavens!
Alleluia!

GOSPEL Matthew 14:22-33

A reading from the holy Gospel according to Matthew.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a headwind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. "It is a ghost" they said, and cried out in fear. But at once Jesus called out to them saying, "Courage! It is I! Do not be afraid." It was Peter who answered. "Lord," he said "if it is you, tell me to come to you across the water." "Come" said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. "Lord! Save me!" he cried. Jesus put out his hand at once and held him. "Man of little faith," he said "why did you doubt?" And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, "Truly, you are the Son of God."

The Gospel of the Lord. Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven,

(all bow during the next three lines)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

PRAYER OVER THE OFFERINGS

Be pleased, O Lord, to accept the offerings of your Church, for in your mercy you have given them to be offered and by your power you transform them into the mystery of our salvation. Through Christ our Lord. Amen.

COMMUNION ANTIPHON

O Jerusalem, glorify the Lord, who gives you your fill of finest wheat.

PRAYER AFTER COMMUNION

May the communion in your Sacrament that we have consumed, save us, O Lord, and confirm us in the light of your truth. Through Christ our Lord. Amen.

"True, God is infinite majesty, but he is also infinite goodness and infinite love. There can be no greater Lord than God; neither can there be a more ardent lover than he".

St Alphonsus Liguori



Imagine the disciples' panic. They are in the boat all by themselves when a storm begins to rage. It's so bad the boat is in danger of sinking. They are full of fear. All seems lost... and then they see Jesus walking towards them, on the water.

Eager as ever, Peter asks Jesus if he, too, can walk on the water, and Jesus invites him to come to him. Peter climbs out of the boat, but the wind rises, and he begins to sink. Even Peter, the most important figure in the early Church, has a faith that falters in the midst of the storm.

Jesus saves him, and castigates him for his weak faith. As soon as they are back in the boat, the storm eases, the winds calm, and the awestruck disciples acknowledge Jesus as the Son of God.

The message is clear: the boat represents the Church, and the disciples represent all believers, while the storm represents the difficulties and doubts the Church is facing. The boat will face many storms, but if the disciples make sure to recognise Jesus and trust in him, they will always be safe. Trust in God and an adventurous faith have the power to overcome doubting fear. ■

REFLECT

One of the classic songs of the last half-century is "Bridge over Troubled Water". At the time he wrote it, Paul Simon was influenced by Gospel music, and this influence comes across in the chorus of the song:

"When you're weary, feeling small
When tears are in your eyes
I will dry them all
I'm on your side
Oh, when times get rough
And friends just can't be found
Like a bridge over troubled water
I will lay me down..."

The words speak of offering comfort, solace, help, refuge. It is the assurance Jesus offers his frightened followers in today's Gospel.

It's what he offers us in our distress and at all times. Jesus is our bridge over troubled water. It's easy to trust in Jesus when life is good and all is plain sailing. Like Peter, we can even begin to think we can walk on water. Nothing can sink us.

Then, suddenly or over time, the skies darken and storm winds blow in. Maybe a relationship crumbles or our health fails, or financial woes overwhelm us, or scandal envelops us, and, like Peter, we flounder. We begin to sink. Our faith is tested. We feel lost and frightened and afraid. But we are not alone. Jesus is with us in every storm in which we find ourselves. He never abandons us. Trust in him, call out to him, as Peter does, and we will be safe. ■

SAY
"Lord, I believe; help my unbelief."

DO

As Christians, we know that Jesus is with us in the midst of any storm in which we find ourselves. But he is more than with us; he calls on us to face that storm. To have courage. To trust. To be not afraid. Think of the challenges and difficulties you and your loved ones are facing at this time. Ask the Lord's help in facing them.



PRAY

Pray for those who feel as if they are caught in a storm – those who are ill, or depressed, or suicidal, or bullied, or suffer from discrimination or intimidation – that they may experience Jesus's soothing, calming, saving presence with them.

LEARN

God is with us always, in good times and bad.

It is okay to experience doubts and difficulties so long as we continue to trust in God.

PARISH OF OUR LADY IMMACULATE

Seamoor Road, Westbourne BH4 9AE

Roman Catholic Diocese of Portsmouth. Registered charity 246871

NEWSLETTER 9th August 2020 Nineteenth Sunday of the Year (A)

Website: www.catholicwestbourne.org

Parish Office: Tel: 01202 760640 (all enquiries)
email: oliadmin@portsmouthdiocese.org.uk

Parish Priest: Fr Andrew Moore: andrewmoore@portsmouthdiocese.org.uk

Safeguarding Officer: Matthew French: mail@matthewfrench.net

The coronavirus shows no signs of abating; indeed, the number of infections globally continues to increase significantly with the 20 million mark of recorded cases soon to be passed. There is also an upturn in cases in areas previously thought to be on the down. Infections with the virus apart, the impact is beginning to be felt most acutely in other areas with multiple job losses already announced or in the pipeline, continued uncertainty about school re-opening, the performing arts world facing a bleak future, if it even has a future, and so much else. There are clearly challenging times ahead for us all and whilst false optimism doesn't help, despair and doom-mongering doesn't help either. The Lord understood that challenges face us all, as it did when the disciples faced the storm on the lake, but Jesus brought, not just a sense of calm but a real calm into the situation. Come, Lord Jesus, come.

As previously explained, our church will continue to be open for individual prayer (see below) but there will be no resumption of the public celebration of mass (either Sundays or weekdays) for the foreseeable future. This situation will be kept under review on a monthly basis but may continue for some time. Please do remember that the Sunday obligation continues to be suspended at this time and also be advised that public mass is being celebrated at our neighbouring churches of St Joseph's, Branksome and at the Oratory (Sacred Heart) in Bournemouth.

THE CHURCH IS OPEN FOR SHORT VISITS FOR INDIVIDUAL PRAYER AS FOLLOWS:

Monday	Closed
Tuesday	10.30 – 11.30 a.m.
Wednesday	10.30 – 11.30 a.m.
Thursday	10.30 – 11.30 a.m.
Friday	10.30 – 11.30 a.m.
Saturday	Closed
Sunday	9.30 – 11.30 a.m.

Please note: There will be no access to the hall, the lift or to the toilets.

Please do not visit the church: if you are unwell, have a temperature, are showing other coronavirus symptoms or have other vulnerable health concerns.

When making a visit:

- Sanitise hands on entry using the new automatic hand sanitisers.
- The wearing of masks at all times is required.
- You may be marshalled, as necessary.
- Sit or kneel only in places marked with a green tick ✓
(Two people of the same household may sit together)
- There will be no votive candles.
- Please do not talk in the church.

SCHOOL APPLICATION FORMS. Forms that may need signing should be sent, together with all supporting paperwork and a stamped addressed envelope for forwarding to the school, to the Parish Office at Our Lady Immaculate, Seamoor Road, Bournemouth BH4 9AE.

FACE MASKS made by Fr Andrew are available – see the ‘Face masks’ page of the parish website.

A ‘Thank you’ to those who are using the ‘Donate’ button on the website. The ‘Donate’ button has the facility of adding a reference and also the option to Gift Aid any donation. Any donation with no specific reference will be treated as ordinary offertory. The parish’s bank details are set out below for those who may wish to take out a standing order or make a bank transfer.

Bank:	Lloyds	Account Name:	PRCDTR Bournemouth Our Lady Immaculate
Sort Code:	30-93-04	Account Number:	00875075

Liturgical Calendar: Fr Andrew continues to offer mass privately.

With only one mass on Sundays – which is always said *For the People of the Parish* – additional intentions booked for Sundays will be moved to the nearest free day. To request mass intentions, please email or phone the Parish Office or leave an envelope at the church.

Sunday 9 th August	19 th Sunday of the Year	People of the Parish
Monday 10 th	St Laurence	-
Tuesday 11 th	St Clare	Purser Family RIP
Wednesday 12 th	of 19 th Week	John Mattimore
Thursday 13 th	of 19 th Week	Christopher Fordham-Hall RIP
Friday 14 th	St Maximilian Kolbe	Elizabeth Margaret Farrell RIP
Saturday 15 th	of 19 th week	-
Sunday 16 th	The Assumption of Our Lady	People of the Parish

Prayer Corner: Please remember all the sick and housebound of our parish especially: Patricia Kowalewska, Win Sheridan, Patricia Plumb, Kathleen Wood, Peter Henry, Phillip Rockford, Germaine McAulay, and Geoffrey Dixon.